

UNITARIAN UNIVERSALIST CHURCH OF FRESNO

ZOOM PROGRAMS

March 20, 2020 Update

If you need any help accessing our Facebook page for our live streaming Sunday Services or other events, or if you need coaching and support with any aspect of ZOOM, contact Violette in our virtual church office and she will arrange for one of our volunteer tech support people to gently and lovingly assist you. Email aa@uufresno.org and phone 559-322-6146.

To Access Zoom by Phone only:

1. *Enter the given phone number.*
2. *When prompted, enter the Meeting ID number, followed by #.*
3. *When prompted for a User ID, you only have to hit # again and you'll be connected to the meeting.*

DROP-IN GROUPS

Spiritual Drop-In with Rev. Tim

Take the time to connect and join Rev. Tim for spiritual nourishment and togetherness.

Thursdays at Noon and Sundays at 5pm

VIDEO: <https://zoom.us/j/142297741>

Meeting ID: 142 297 741

PHONE: 669-900-6833 (then enter Meeting ID: 142 297 741, followed by #, when prompted for User ID, just hit # again)

Community Connection

Join with others in our church community for spiritual nurturing and to check in about life, pandemics, jobs, care taking, and this wonderful crazy world we live in.

Mondays, Wednesdays, Fridays: 7pm

Tuesdays: 9:30am

VIDEO: <https://zoom.us/j/142297741>

Meeting ID: 142 297 741

PHONE: 669-900-6833 (then enter Meeting ID: 142 297 741, followed by #, when prompted for User ID, just hit # again)

Phone-In Community Connection (No Video, Just a Phone Number To Call)

Join with others in our church community via telephone for spiritual nurturing and to check in about life, pandemics, jobs, care taking, and the world we live in.

Wednesdays at 10am and Fridays at 5:00pm

Phone: 725-735-9216 (no Meeting ID needed)

Parent Check-In

Join Cynthia Malm and other parents to take a moment to be with one another, talk about life in this time of physical distancing, and raising kids during a pandemic.

Thursdays at 8pm

VIDEO: <https://zoom.us/j/889150137>

Meeting ID: 889 150 137

PHONE: 669-900-6833 (then enter Meeting ID: 889 150 137, followed by #, when prompted for User ID, just hit # again)

LGBTQIA+ Community Connections

Join with others in the LGBTQIA+ community for spiritual nurturing and to check in about life, pandemics, jobs, care taking, and for connection in what can feel like an isolating time.

Thursdays at 5pm.

VIDEO: <https://zoom.us/j/142297741>

Meeting ID: 142 297 741

PHONE: 669-900-6833 (then enter Meeting ID: 142 297 741, followed by #, when prompted for User ID, just hit # again)

Young Adult Check In (Ages 25-40)

In this moment of physical distancing and anxiety (especially for the Gen Xers and Millennials who are uniquely sandwiched into the position of caretaker/technology experts) join us in a weekly ZOOM meeting for Young Adults to check in and decompress with one another.

Saturdays at 10am.

VIDEO: <https://zoom.us/j/343543072>

Meeting ID: 343 543 072

PHONE: 669-900-6833 (then enter Meeting ID: 343 543 072, followed by #, when prompted for User ID, just hit # again)

Social/Coffee Hour

Join us after the worship service for spirited conversation and connection.

(Bring your own coffee or tea)

Sunday after the Service Ends

VIDEO: <https://zoom.us/j/946006269>

Meeting ID: 946 006 269

PHONE: 669-900-6833 (then enter Meeting ID: 946-006-269, followed by #, when prompted for User ID, just hit # again)

CHILDREN AND YOUTH

Kid's Connect

Are your children missing church and each other? Join us for these workshops which provides children with spiritual and ethical tools to make choices and take actions that reflect their Unitarian Universalist beliefs and values.

(This is a video only class and children must sign on with their parents/guardians)

Monday at 11am and/or Fridays at Noon

Monday at 11 am **VIDEO** : <https://zoom.us/j/964693627>
Meeting ID: 964 693 627

Friday at Noon **VIDEO**: <https://zoom.us/j/151457160>
Meeting ID: 151 457 160

JRUU (Junior Religious Unitarian Universalists - Middle School Youth)

Middle School Aged Youth come together in beloved community.

Wednesdays at 5pm

Please contact Dani Livesey, Director of Lifelong Learning, for Zoom information.

Email: growspiritually@uufresno.org

Phone: 559-322-6146 (church office)

YRUU (Young Religious Unitarian Universalists - High School Youth)

High School Aged Youth come together in beloved community

Saturdays at 6pm

Please contact Dani Livesey, Director of Lifelong Learning, for Zoom information.

Email: growspiritually@uufresno.org

Phone: 559-322-6146 (church office)

ADULT CLASSES, WORKSHOPS, AND GROUPS

Meditation with Rita

Take some time for centering and spiritual practice with a meditation and reflection from Rita T.

Tuesdays at 10am

VIDEO: <https://zoom.us/j/513980816>

Meeting ID: 513 980 816

PHONE: 669-900-6833 (then enter Meeting ID: 513 980 816, followed by #, when prompted for User ID, just hit # again)

Chair Yoga and Meditation with Jenny

Jenny R. leads her famous chair yoga and a reflection.

Wednesdays at Noon.

VIDEO: <https://zoom.us/j/961315683>

Meeting ID: 961 315 683

PHONE: 669-900-6833 (then enter Meeting ID: 961 315 683, followed by #, when prompted for User ID, just hit # again)

Spirit of Life – Exploring Unitarian Universalist Spirituality

Join Dani and take the time to connect, re-center, and help each other feel a little bit closer. We'll offer space, time, and community to explore your Unitarian Universalist spirituality. Each workshop is designed to be welcoming to Unitarian Universalists and spiritual seekers of many spiritual and theological persuasions. You'll be invited to claim an inclusive definition of spirituality and recognize the spiritual aspects of your life. Reflecting, speaking, and listening are core activities in each workshop.

Tuesdays 6pm (PST) or Fridays 10am

Tuesday VIDEO:

<https://zoom.us/j/651382908?pwd=eWxTTU4yMm9pYnc3WXIRamNOZEVsUT09>

Meeting ID: 651 382 908

Tuesday PHONE: 669-900-6833 (then enter Meeting ID: 651-382-908, followed by #, when prompted for User ID, just hit # again)

Friday VIDEO:

<https://zoom.us/j/936766185?pwd=d3NUTnozTVpadnJaT24wWEgwbVd3QT09>

Meeting ID: 936 766 185

Friday PHONE: 669-900-6833 (then enter Meeting ID 936-766-185, followed by #, when prompted for User ID, just hit # again)

Introduction to Unitarian Universalism

March 29th at Noon

Join Rev. Tim and Patty Bennett for an engaging and informative introduction to UU history and beliefs, and an overview of our church community here in Fresno.

VIDEO: <https://zoom.us/j/769257071>

Meeting ID: 769 257 071

PHONE: 669-900-6833 (then enter Meeting ID: 769 257 071, followed by #, when prompted for User ID, just hit # again)

All Church Read: *An Indigenous Peoples' History of the United States*

Sunday April 5th at Noon

Join us as we discuss our All Church Read, which explores the centuries-long genocidal program of the US settler-colonial regimen of the more than five hundred federally recognized Indigenous nations, which has largely been omitted from history. Acclaimed historian and activist Roxanne Dunbar-Ortiz offers a history of the United States told from the perspective of Indigenous peoples and reveals how Native Americans, for centuries, actively resisted expansion of the US empire.

Sunday April 5th at Noon

VIDEO: <https://zoom.us/j/769257071>

Meeting ID: 769 257 071

PHONE: 669-900-6833 (then enter Meeting ID: 769 257 071, followed by #, when prompted for User ID, just hit # again)

Chalice Circles (Twice Monthly Small Group Connection)

Join with 8-10 others for twice-monthly facilitated spiritual and personal exploration, connection and community. Unlike a drop-in group, you'll come to know a small group of people over time, and they will come to know you. Led by an experienced facilitator, this is perhaps the best way to develop meaningful relationships in our church community. Think of this as our version of bible study, except the scripture we explore is the sacredness and wisdom of our human lives.

Various times throughout the month.

Please contact Dani Livesey, Director of Lifelong Learning, for more information and to register for a group.

Email: growspiritually@uufresno.org

Phone: 559-322-6146 (church office)

UPCOMING MEETINGS

Social Justice Team Meeting

Sunday March 22nd at Noon

VIDEO: <https://zoom.us/j/769257071>

Meeting ID: 769 257 071

PHONE: 669-900-6833 (then enter Meeting ID: 769 257 071, followed by #, when prompted for User ID, just hit # again)

EMOTIONAL SUPPORT

Rev. Tim is available for pastoral conversations by phone or zoom.

Email him at tkutzmark@uufresno.org

Please Note: The Caring Hearts Team, a new team that will provide emotional and spiritual support to church members and friends via phone or zoom, is in the process of being formed. We'll let you know when they are activated in the next two weeks.

MEALS AND RIDES

The Pastoral Care Team is unable to provide meals and rides at this time, due to physical distancing and contagion risk. But, as funds remain, they can provide some meal vouchers and Uber ride gift cards. Contact the Pastoral Care Team at pastoralcare@uufresno.org or 559-322-6146, extension 16.

If you would like to donate to the Pastoral Care Team Meals and Rides Fund, please contact the church office at aa@uufresno.org or 559-322-6146.